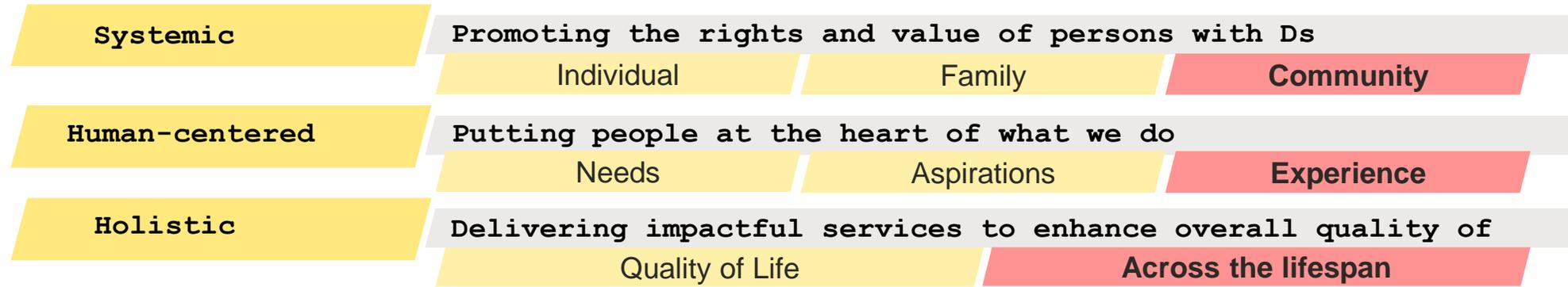




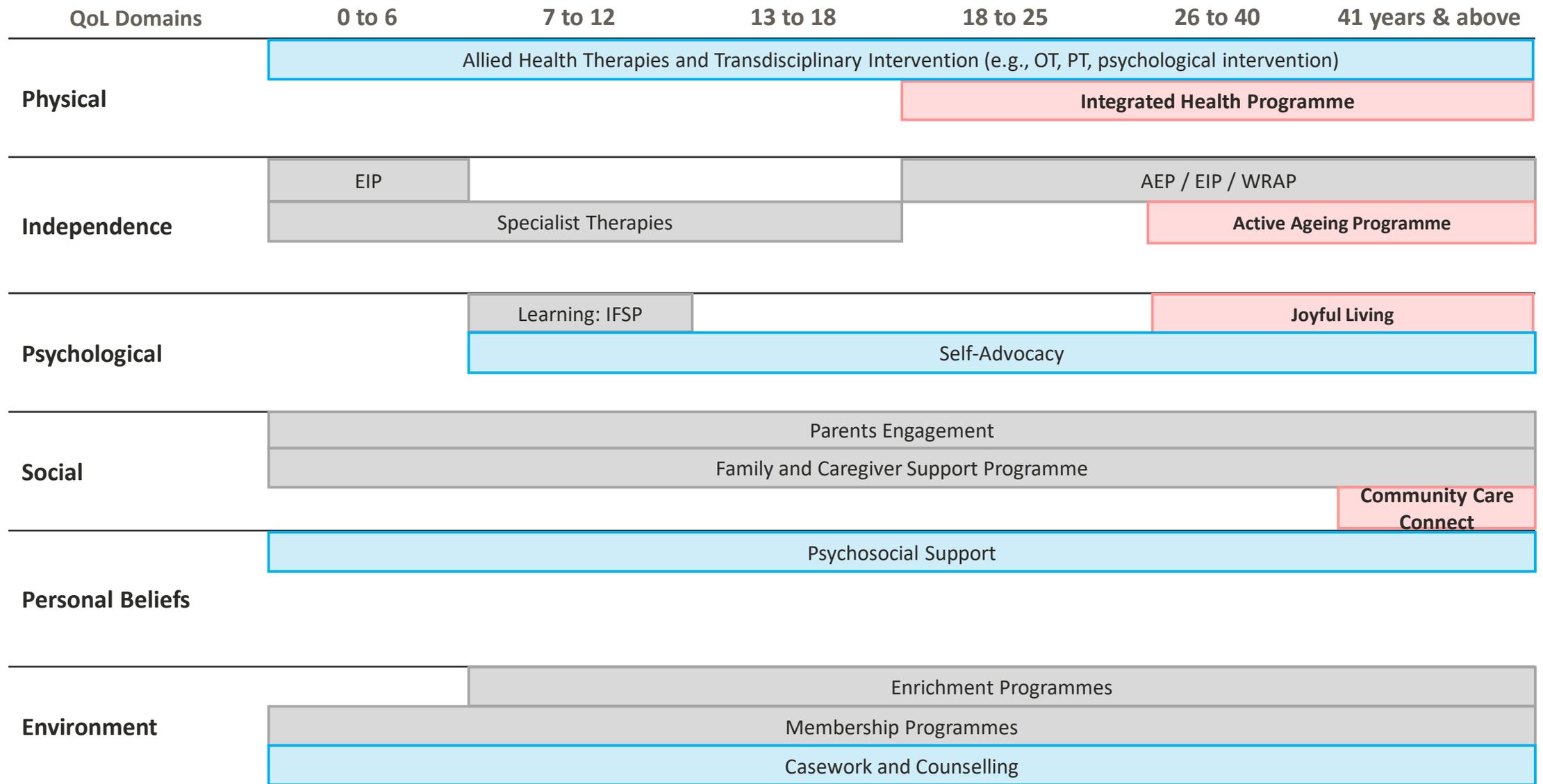
Singapore Country Report

29 – 30 January 2026

Service Delivery Principles



Programme Mapping



Legend:

Established in 2023 and earlier

Established in 2024

Established in 2025

Integrated Health Programme

- Collaboration with community health partners to provide pro-bono integrated health screening (physical, psychological, social)
 - Group consultation with doctor for medical reports
 - Offer follow-up consultations at subsidized rates

Outputs	Outcomes	Impacts
Lower illness development rates among DSA members (measured via attendance for regular programme)	Improved health of DSA members and their families Improvement in holistic health for learners and parents/caregivers	Lower health-related stress, medical bills and financial burden on DSA families
Increased knowledge and awareness of health conditions that persons with Ds have higher risks of developing		Increased accessibility of specialized health services, enabling families to take charge of their health
Increased awareness of health conditions to be followed up with the clinics to have timely interventions		Early detection and intervention for health conditions ensure continuity of care to person with Ds
Establishment of a Health Database of DSA learners and parents/caregivers		Observable trends in member health inform planning of services to target their needs

Joyful Living and Active Ageing Programme

- Pilot customised active ageing programme supporting individuals with Down syndrome and Intellectual disability aged 35 and above to live independently and to engage meaningfully in the community.
- Independent living skills training and social engagement (Joyful Living)

Music & Movement



ADL



Cognition



Creative Art



PT/OT Session



Baking



Tea Break Preparation

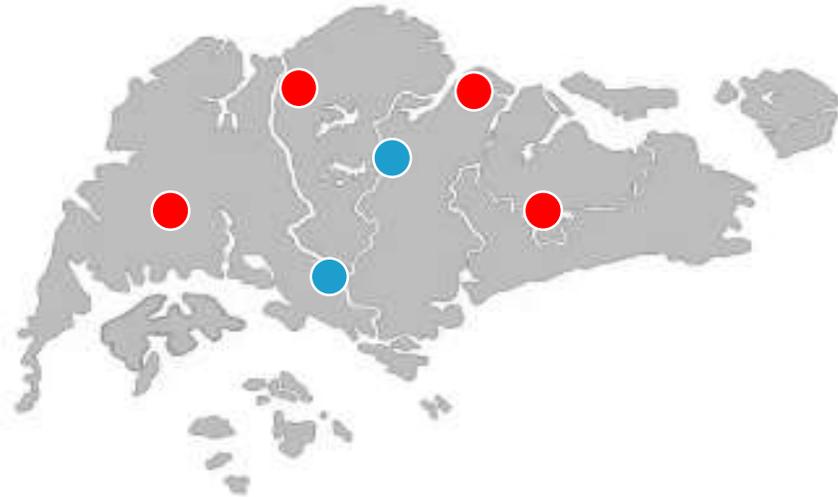


Art & Craft



Community Care Connect

- Community-based localized social capital building support programme for individuals with Down syndrome and other intellectual and developmental disabilities and their caregivers.
 - Formal support network: DSA and other social services
 - Informal support network: Individuals with Down syndrome, parents, caregivers and befrienders
- Programme components
 - Community outreach
 - Home visits
 - Monthly activities
 - Support group
 - Case management



- DSA Centres
- Community Care Connect