



# Country Report – NEPAL APDSF AGM 2022

#### **REEMA SHAHI**

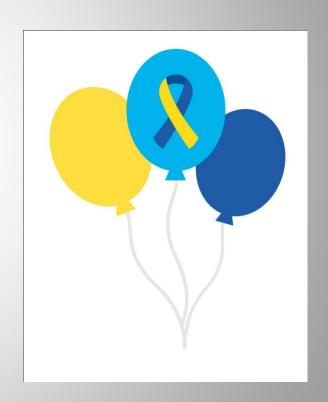
Pediatric Physiotherapist
Executive Board Member
Down Syndrome Support Health Association – Nepal



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#### DSSHA – Nepal

- Foundation of DSSHA-Nepal
- Meaning of DSSHA
- Objectives
- Future Goals/ Aims
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#### DSSHA - Nepal

#### **Down Syndrome Support Health Association - Nepal**



 DSSHA meaning: "Giving direction" to the parents & the community to look after the general well-being of our children.

- Non profit Organization
- Registered in 'Company Registrar Office' & 'Metropolitan City Office (KMC)'
- Affiliated to 'Social Welfare Council'
- Board Members Medical Professionals



#### DSSHA – Nepal

#### **Down Syndrome Support Health Association - Nepal**

#### 1<sup>st</sup> meeting of Board Members



# How we are running the NGO at present?

- Seed money President (NRs 1 Lakh), Other members (NRs 10k each)
- Dristi Eye Care (concessions for eye check up)
- Helpline number (CP Center)

#### **OBJECTIVES**



Awareness to parents, family & community

Conducting medical camps for Early Identification, Intervention & Rehabilitation





#### **OBJECTIVES**



 Establishment of Clinics, Schools, Day Care Centers & Rehabilitation Centers (Physiotherapy, Speech Therapy, Occupational Therapy & others)



 Collaborating with other national & international organizations with similar aims.



**नि:शुल्क टेलिफोन सेवा** अपाङ्गताबाट प्रभावित व्यक्ति तथा तिनका अभिभावक/संरक्षकले निःशुल्क टेलिफोन सेवा पाउन

#### टोल फ्रि नं. १६६००१८८८८ मा

सम्पर्क गरी

विशेषज्ञहरूबाट परामर्श लिन्होस् । सेवामा नामक यस कार्यक्रममा विभिन्न संघ. संस्थाहरू आवद्ध छन् र यस आवद्धताको ज्ञम जारी नै छ ।

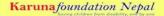






















#### **OBJECTIVE: Inclusive Education**







## **OBJECTIVE: Self Advocacy**







### **FUTURE GOALS/ AIMS**



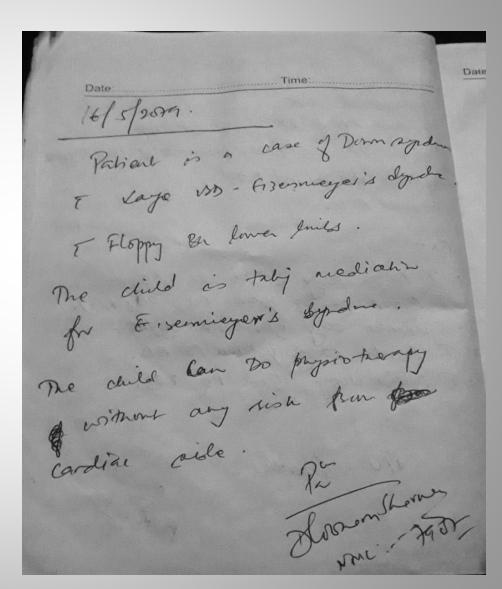


- Trainings/ workshops for parents & medical professionals.
- Research works aiming towards the general wellbeing of our children.
- Vocational training



#### **MULTIDISCIPLINARY TEAM**

- Board members of DSSHA
   Nepal are medical professionals of different specialities
- Cardiologist's or Cardiac surgeon's clearance before physiotherapy



#### **Social Media Platform**

- DSSHA Nepal (facebook page)
- http://dssha-nepal.org.np/ (website)
- Podcasts/ Interviews
- Watsapp/ Viber/ Messenger









## "We Rise by Lifting Others."

