

# **APDSF AGM 2022 Country Report**

## **Up for Down's Shanghai China**

We've done three major things this year:

1. Recuperate everyone's body in the first two years, and complete the agricultural experimental field.
2. Three month self-advocacy online training in Nantong, Jiangsu Province, combined with Shanghai (teenagers) and Xuzhou (adults), we summarized our experience and prepared to promote.
3. Shanghai and Hong Kong trading companies have been established. We are integrating all resources to make profits and prepare for the next decade.

### **Part1: Some important experiences of farming experimental fields**

1. The farmland should be close to the residential area so that we can work at any time when necessary.
2. There must be clean water to facilitate irrigation.



Group photo in the agricultural experimental field (11 households in total)





Build fences, loosen land for farming and harvesting





Children are farming or playing in the field

## **PART2: Some core points of self advocacy**

1. Common sense
2. Emotions / Emotional quotient

3. Speak up for yourself (**Find your own beliefs** is more suitable for Chinese)  
In addition, we are promoting self advocacy in the mode of sharing rather than education.

### **PART3: Establish companies to provide funds for the next decade**

On September 28, 2022, Cao Ran (the son of founder Lena Ye)'s birthday, the company was founded.

We will launch a website on March 21, 2023, and put some high-quality resources on the website.

From next year, we will participate in fairs all over the country to promote self advocacy and use customized products (like UFD aromatherapy, handicrafts, etc) to promote our own stories.



Business License of Shanghai UFD Trading Company





編號 3204775  
No.

公司註冊處  
COMPANIES REGISTRY

公司註冊證明書  
CERTIFICATE OF INCORPORATION

本人謹此證明  
I hereby certify that

HONG KONG UFD TRADING CO., LIMITED  
鼎唐天成貿易有限公司

於本日根據香港法例第622章《公司條例》  
is this day incorporated in Hong Kong under the Companies Ordinance  
在香港成立為法團，此公司是一間  
(Chapter 622 of the Laws of Hong Kong), and that this company is  
有限公司。  
a limited company.

本證明書於二〇二二年十一月三日發出。  
Issued on 3 November 2022.

香港特別行政區公司註冊處處長鄧婉雯  
Miss Helen TANG

**Registrar of Companies**  
**Hong Kong Special Administrative Region**

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