

Country report 2017/18

NEPAL

DSAN has done significant progress since last AGM in Delhi since Sept 2017

1. DSAN activities

- Dashain mela with sale and exhibition of products produced by parents and children with DS,**
- special Olympics – family fitness meditation program**

2. Interaction program with DPOs, UN agency, UNDP to work together for building better future for PWDs

3. A 3 day training for Medical doctors on Early detection/diagnosis, management and referral by Departmentt of health services which was effective to bring out cases who were in shadows.

DSAN,President Dr Lalita Joshi was the Master Trainer for Down Syndrome. Following it 3 day

training for Physiotherapists on Early detection/diagnosis ,management and referral was conducted

- 4. ENT camp to mark world disability day 3rd Dec 2017**
- 5. Joint Indo Nepal collaboration weaving training on 18, 19 Feb 2018 Dr Rekha Ramachandran lead a team of trainers 2 Adult children with DS and 2 others. It was grand event inaugurated by the Mayor of KMC Mr Bidhya Sundar Shakya. Ashish Joshi Child with DS gave the welcome speech.**
- 6. WDSO celebrated with awareness walkathon at home and at International front .President DSAN gave presentation at UN Switzerland on “Down syndrome and its situation in Nepal” on WDSO 21st March 2018**
- 7. Interactive program on Speech therapy by Matea Basic from Croatia**
- 8. 2nd phase training DoHS for Medical doctors**
- 9. Educational tour to Waterland Fun Park to experience swimming and parents to learn about use of Aqua therapy for building muscle strength, hand eye coordination and equilibrium**
- 10. Interaction with parliamentarians to discuss yearly plan and policies for PWDs**

- 11. Department of Education feedback/interaction program on Inclusive education master plan 2018-2032**
- 12. President attended IIDSC 2018 chaired concurrent session and also presented small study paper on - “Hypothyroidism in DS”**
- 13. Reusable pad making training to parents**
- 14. Self-sufficiency cooking training for children with DS**
- 15. Conducted AGM and election of new board chief guest from SWC , Vice Chair Mr Neelmani Baral , He assured to support DSAN**
- 16. Conducted 2 trainings for parents on care, support, early intervention, with support from DSi. 40 parents benefited through it .Most participants were from outside Kathmandu valley with no access to such opportunity.**
- 17. With support from Australian Embassy, Nepal - Public diplomacy fund 2019 WDSO would be celebrated with lighting of a historical monument BUDDHA NATH STUPA with blue and yellow and staging of street drama fund approved and fund credited to DSAN account. Preparations are in full swing.**

- 18. Recommendations submitted to high level education commission officials by President, DSAN in writing for our children with DS which has been overlooked till now; on easy access to education and effective learning targeting children of various thematic groups to be implemented at local government levels.**
- 19. Struggling hard still to awaken community and government to support our children in the field of education and health in particular**
- 20. Employment is still a far dream though trying level best, lobbying on the run.
Need of support and suggestions from APDSF , Our greatest guide which is there but more needed.
Maybe in 2021 we could have an DS conference in Nepal ??????.....**